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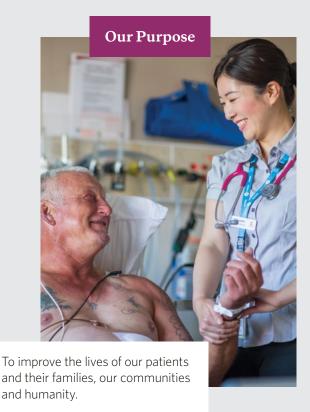


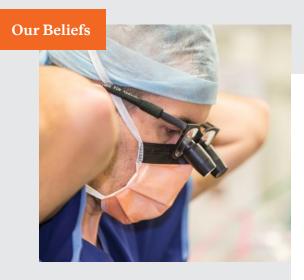
Alfred Health



Across our diverse organisation, we value and respect life from beginning to end.

We provide treatment, care and compassion to the people of Melbourne and Victoria. Our research and education programs advance the science of medicine and health and contribute to innovations in treatment and care. Through partnerships, we build our knowledge and share it with the world.





Cover imagePatient: Petra Brosch
Read her incredible story on page 9

- Patients are the reason we are here they are the focus of what we do
- Respect, support and compassion go hand in hand with knowledge, skills and wisdom. Safety and care of patients and staff are fundamental
- We work together. We all play vital roles in a team that achieves extraordinary results
- How we do things is as important as what we do
- Excellence is the measure we work to every day.
 Through research and education, we set new standards for tomorrow
- We share ideas and demonstrate behaviours that inspire others to follow

Never underestimate the profound impact you can have with the choices you make.

Your contribution is not merely measured in dollars, it is in the lives you change, the people you save.

This is your legacy.

This is your impact.

Our Director and Chair

It gives me great pleasure to introduce *Impact: The Alfred Foundation's Year in Review 2018.*

The transformational impact of philanthropy was in sharp focus this past year with the official opening of the Eva and Les Erdi Emergency and Trauma Centre. The Alfred now has increased capacity to care for the state's sickest and most severely injured patients. This significant multi-million dollar upgrade was made possible by the incredible generosity of the Eva and Les Erdi Humanitarian Charitable Foundation, Mrs Betty and Mr John Laidlaw AO and countless others.

2018 also saw an outstanding result from the hospital's annual Father's Day Appeal. Raising more than \$1.1 million, the predominantly digital campaign saw corporate partners and major donors match our community donations, delivering the best result in the appeal's history. A truly praiseworthy demonstration of the immense community support so valued by The Alfred.

In 2021, this extraordinary hospital will celebrate a significant milestone – 150 years of saving lives and improving the quality of people's lives.

As we approach and begin preparations to acknowledge this milestone, I am reminded of the profound impact you, our donors, have had. Through your support over many decades, ageing infrastructure has been redeveloped, lifesaving equipment has been purchased, innovative healthcare has been funded, and our research and education services have continued to inform the next generation of healthcare providers.

It is amazing what your donations have been able to achieve in helping save lives and improve patient care. With your continued support, I am deeply optimistic about what the future holds for this exceptional hospital.

Thanks to your generosity we delivered a positive financial result of \$13.37 million for the period July 17 – June 18.

In June last year, The Foundation welcomed Patrick Baker as Director. Patrick brings with him an exemplary track record from strategic leadership positions across the healthcare and financial industries, including The Royal Children's Hospital Foundation and Perpetual Trustees. The Board and I look forward to working with Patrick as he commences a new chapter for The Foundation. We also thank former Acting Director, Judy Reeves, for her excellent stewardship of The Foundation for the first half of 2018.

As we commence 2019, on behalf of The Alfred Foundation Board, I thank you once again for your ongoing support, and I wish you and your loved ones health and happiness for the year ahead.



Sir Rod Eddington AO
CHAIR - THE ALFRED FOUNDATION

66 99

With your continued support, I am deeply optimistic about what the future holds for this exceptional hospital.

SIR ROD EDDINGTON AO CHAIR - THE ALFRED FOUNDATION

2019 marks a new era for The Alfred Foundation and I am incredibly proud to be the Director leading the Foundation into this next exciting phase. It is a great honour to serve such an exceptional and iconic Victorian institution.

As we start a new year, it is timely to reflect on 2018 and what a significant year it was for the Foundation.

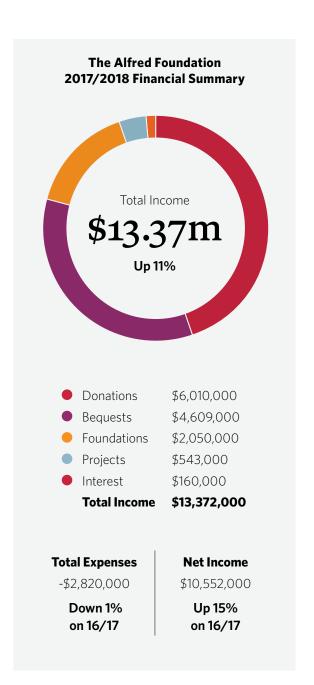
This publication is a testament to you, our donors, and the outstanding impact you have through your support of the hospital.

This annual review provides an overview of some of the key milestones achieved by The Alfred Foundation in 2018 and some of the important projects funded by you to grow and support the hospital.

Your support and belief in all of us at The Alfred is as important as ever for us to continue to provide expert patient care and I'm looking forward to what we will be able to accomplish together this year and beyond.



Patrick Baker
DIRECTOR - THE ALFRED FOUNDATION



Key Milestones 2018



APRIL

Redeveloped Alfred Centre

of 16 beds including new Short Stay Unit



Community Fundraising: Dry July

The Alfred named as beneficiary and implemented two new projects for cancer patients: Musical Therapy and Sky Ceiling in the radiotherapy bunker



JUNE

Expanded Eva and Les Erdi Emergency & Trauma Centre (E&TC)

We increased our capacity to care for the state's sickest and most severely injured patients thanks to a multi-milliondollar upgrade of the E&TC. This year (Jul 17 - Jun 18) 66,295 patients were treated in the E&TC



AUGUST

New Clinical Trials Facility for Neurology Patients

The Alfred is now the only hospital in Australia with the capability to offer and test the most innovative new treatments and therapies in neurology – all in the safety of a ward setting



SEPTEMBER Father's Day Appeal

Supported by presenting partner Bulla Family Dairy, The Alfred celebrated its most successful Father's Day Appeal ever – raising more than \$1.1m



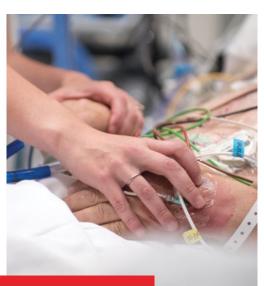
Connected Continuous Care

Phase one launched: Transitioning patient medical records to a digital format with significant investment in compatible new equipment



Award: Alfred Health recognised as Large Public Health Service of the Year

Alfred Health named Premier's Large Public Health Service of the Year (joint winners with Peter MacCallum Cancer Centre)



NOVEMBER

Intensive Care Unit 10th Anniversary

More critically ill and injured patients are being cared for in The Alfred's ICU than ever before - with almost 25,000 patients treated over the last decade



In 2018 our donors made a profound impact on our ability to deliver emergency and trauma care.

With a trauma team that leads the way globally, it is imperative they have the right facilities to match. So in 2017, a complex redevelopment of the Emergency and Trauma Centre commenced.

This enormous undertaking, which has increased our capacity to save lives and transform the patient experience, was funded by our incredible donors.

Your donations helped support:

66,295
EMERGENCY PATIENTS

9,000
TRAUMA PATIENTS

1,527
MAJOR TRAUMA PATIENTS

SOURCE: 2017/2018
ALFRED HEALTH ANNUAL REPORT

2018 DONOR FUNDED PROJECT

The Eva and Les Erdi Emergency and Trauma Centre

The Alfred hosts the largest and most active trauma service in Australasia and is one of only two adult major trauma services in Victoria.

In 2017/18 the Emergency and Trauma Centre managed 66,295 patient presentations including 9,000 trauma admissions, of which 1,527 were major traumas. By 2021 this number is expected to grow to 2,000.

The \$15 million visionary redevelopment was only realised through exceptional philanthropy. The Centre now bears the name of its most significant contributors, the late Eva and Les Erdi, who made the largest donation in The Alfred's history to help fund the project. The gift was made in recognition of the lifesaving treatment received by the couple at The Alfred and a desire to give back to the Victorian community.

The expansion of the Emergency and Trauma Centre was made possible with the added support of Melbourne philanthropists, Mrs Betty and Mr John Laidlaw AO, and other generous community members.

The expanded, refurbished Emergency and Trauma Centre supports the modern way our doctors and nurses work, delivering timely, quality care for our patients.

Features of the redevelopment include:

- · A fifth new trauma bay for critically ill patients
- · Eight new purpose-built Rapid Intervention and Treatment Zone cubicles



- Expanded radiology services including x-ray, CT, MRI and ultrasound to provide faster diagnosis and treatment
- · A new clinical space specifically designed to safely treat mentally ill and drug affected patients
- · A bigger clinical area to treat minor injuries and illnesses
- · Refurbished and expanded general cubicles

It was officially opened by the Victorian Premier, the Honourable Daniel Andrews and Minister for Health Jill Hennessy in June 2018.

A shocking fall with potentially devastating outcomes

On a sunny afternoon last September at Cape Woolamai on Phillip Island, caring family man Terry Melvin was on top of a ladder pruning a tree in his garden. Stretching just a little too far, he lost his balance and tumbled through the branches.

Terry fell two and a half metres head-first onto concrete. Luckily, a quick-thinking neighbour called the paramedics.

Terry had obvious head and facial injuries, and he complained to paramedics about numbness and tingling in his arms, a sign of a possible spinal injury. Terry was airlifted to The Alfred's Emergency and Trauma Centre.

As Dr Helen Stergiou, Emergency and Trauma Consultant remarks: "The Alfred treats trauma patients from all over Victoria. Patients are flown in by chopper on average two to three times a day and the clinical team has to be ready at all times."

As soon as Terry arrived at The Alfred, the team went to work, ordering a full body CT scan to check for serious head and spinal injuries. The cuts to his arms and legs were also contaminated by leaves and dirt and required immediate cleaning.

Meanwhile Terry's friends and family waited anxiously. Their relief was profound when Terry was eventually cleared of any serious injuries.

Unfortunately, Terry is just one of a growing number of trauma patients admitted to The Alfred following a fall. Falls-related incidents (low and high) account for two of the top three causes for incoming trauma patients at The Alfred.



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The major reasons for being admitted to the Trauma Centre are falls - even from low heights and certainly from ladders. I am not apologetic when I say that ladders are potentially dangerous pieces of equipment. A growing number of our patients are people carrying out DIY projects at home.

DR HELEN STERGIOU
EMERGENCY AND TRAUMA CONSULTANT

Lifesaving Equipment

As the statewide provider of 14 vital services including major trauma, burns, melanoma, and heart and lung transplants, The Alfred cares for Victorians with the most acute and complex conditions.

This level of care requires us to continually update our specialised equipment across all areas of the hospital. Our donors provide the support to purchase equipment that allows us to remain at the forefront of best practice healthcare.

In 2018, donors funded an additional heart-lung bypass machine for The Alfred, which was integral to a new cardiac operating theatre.

Your donations helped support: 108 LUNG TRANSPLANTS INCLUDING FIVE PAEDIATRIC LUNG TRANSPLANTS 25 HEART TRANSPLANTS SOURCE: 2017/2018 ALFRED HEALTH ANNUAL REPORT

2018 DONOR FUNDED PROJECT Heart-lung bypass machine

The Alfred is the only hospital that performs adult heart and lung transplants in Victoria, and the only place in the country for children to receive lung transplants. Our Lung Transplant Service is one of the largest in the world, performing five percent of all lung transplants, and the Heart Transplant Service has been a leading centre since 1988.

The heart-lung bypass machine is crucial in keeping people alive during a variety of surgeries, such as:

- · Coronary artery bypass surgery
- · Heart valve repair or replacement
- · Heart transplant
- · Thoracic aortic aneurysm repair

During surgery, the heart-lung bypass machine keeps people alive by acting as the patient's heart and lungs – adding oxygen to and removing carbon dioxide from the blood and then pumping it around the body.

The heart-lung bypass machine was part of an upgrade of a new cardiac operating theatre which increases The Alfred's capacity for specialist cardiac and transplantation surgical procedures.



"One of the most remarkable cases my team has seen"

DR PETER BERGIN

It was just a regular evening run along Elwood beach for Petra Brosch who was training for the Melbourne Half Marathon. Then suddenly she collapsed. The 35-year-old was suffering irreparable heart failure that would see her rely on life support, then an artificial heart and ultimately a heart transplant.

On arriving at The Alfred's Emergency and Trauma Centre Petra was in cardiac arrest. Acting quickly, the emergency team and intensive care specialists placed Petra on a special form of life support that pumped oxygen into her blood to protect her vital organs. Over the next 12 hours, the ICU and heart specialists performed numerous medical interventions to help Petra live through the night.

For the next two months, Petra remained in intensive care. Her heart was severely damaged and could no longer work on its own, and a heart transplant was necessary. Critical to Petra's eligibility for a transplant was that she build up her strength. In an extremely specialised procedure, her heart was connected to a mechanical pump on the outside of her chest, so she was able to stand and slowly start walking.

After months of recovery, Petra was able to have her heart transplant.

In a procedure lasting five hours, the heart-lung bypass machine was crucial to Petra's transplant – enabling her old heart to be removed and a new donor heart implanted.

Petra is now home and being supported by friends and family on her road to recovery. In a display of incredible inner fortitude, Petra has already resumed her training and plans to participate in the World Transplant Games in August.



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Because of our expertise and experience we are positioned and prepared to perform certain procedures that perhaps others wouldn't - I don't believe Petra would've survived if she hadn't been brought to The Alfred.

DR PETER BERGIN,
MEDICAL DIRECTOR HEART FAILURE
& TRANSPLANT SERVICE



Excellence is the measure we work to every day at The Alfred, and it is through research and education that we set new standards for tomorrow.

Clinical research is fundamental to improving patient care at The Alfred, one of the most research-intense hospitals in Australia.

Through funding research, our donors help leading researchers to solve the world's most critical health challenges.

377
CLINICAL TRIALS
CURRENTLY OPEN

1,500+
RESEARCHERS

1,972
RESEARCHER PUBLICATIONS

2018 DONOR FUNDED PROJECT

Research advancing care for burns patients

The Alfred is home to the Victorian Adult Burns Service, the statewide provider of burns care for all Victorian adults with complex and major burns injuries.

Each year, the service admits more than 300 patients and in recent history has treated burns victims in significant disasters including the Bali bombings in 2002, the Ash Wednesday and Black Saturday Bushfires, in 1983 and 2009 respectively, and the 1998 Longford gas explosion.

It is the incident in Longford, which killed two workers, injured eight and cut the state's gas supply for two weeks, that resulted in a donation of \$100,000 to The Alfred Burns Service.

The generous gift from the Wilson Lowery Trust (established by union workers) honours Peter Wilson and John Lowery, the two workers killed on the fateful day in 1998 when the explosion happened at the Esso gas plant in Longford.

Part of the donation (\$65,000) is being used to fund a significant research project into creating a human skin equivalent.



The holy grail of providing a functional and cosmetic skin substitute

MISS HEATHER CLELAND

Skin is a complex three-dimensional organ with many functions, and, despite many years of scientific development, a true skin replica with all of the functions of human skin is yet to be produced in the laboratory.

Our aim in The Alfred's Skin Bio-Engineering Laboratory, headed up by Dr Shiva Akbarzadeh, is to produce a true Human Skin Equivalent that can replace diseased or destroyed skin, and provide permanent scarless healing with all the functionality of human skin.

For patients with burns, it will act as a substitute for skin grafts; and for those with severe burns to the face and hands, for example, this is the holy grail in terms of providing a functional and cosmetic skin substitute which is a true replacement for destroyed tissue.

Our laboratory's work is focused on materials for wound healing and tissue engineering, and currently, we are looking at a platelet-derived product. We are working with the Australian Red Cross Blood Service, firstly to see how it can replace animal-derived materials presently used in skin manufacture, and also incorporate it into the scaffold that is part of our tissue-engineered skin product.

Platelets are a blood component and a natural and integral part of human wound healing processes. They contain a lot of growth factors and other proteins that enhance wound healing and cell growth. We expect that this development will further refine and improve our human skin equivalent for use in severe burns patients.

Miss Heather Cleland is Director of The Alfred's Victorian Adult Burns Service and Clinical Director of The Alfred Skin Tissue Engineering Laboratory



66 99

Tissue engineering has revolutionised burns treatment.
We are determined to provide the best care for our patients by developing and introducing the latest technology to The Alfred Burns Service.

DR SHIVA AKBARZADEH
SENIOR SCIENTIST, THE ALFRED BURNS SERVICE



As a hospital at the forefront of healthcare, innovative technology is critical at The Alfred.

Thanks to remarkable support from our donors and the wider community, The Alfred uses state of-the-art technology and medical equipment to deliver expert patient care.



66 99

Being a family business, Bulla knows just how important family is and for that matter, how important healthy families are.

One of the ways we support Victorian families is by being the major partner of the Father's Day Appeal for The Alfred.

Thank you for contributing to the success of this great hospital.

2018 DONOR FUNDED PROJECT

Connected Care: a new clinical information system

In 2018 The Alfred embarked on one of its most ambitious technology upgrades to date, transitioning from paper-based patient medical records to electronic records.

The clinical information system, which went live in October 2018, is the most significant technology investment in the organisation's history, completely changing the way the hospital works.

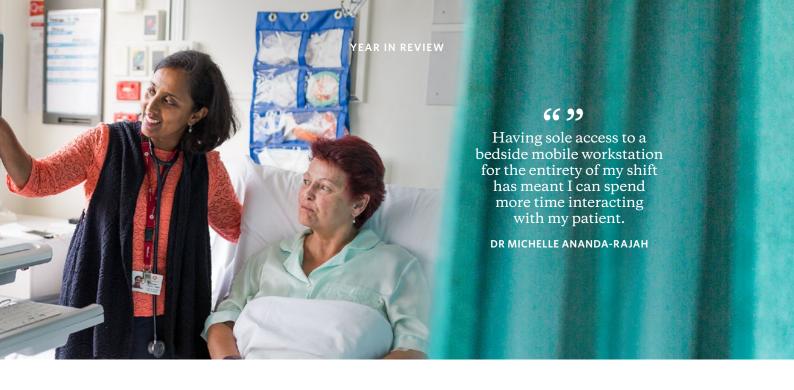
Paper-based patient medical records have been converted to digital versions so all patient information – including medical alerts, allergies, and prescriptions – is securely stored in one place. This means staff have everything they need to know about a patient in one place.

Patients can be secure in the knowledge that diagnosis and treatment decisions are informed by the most upto-date data possible.

Integrated technology funded by our generous donors allows a patient's vital sign observations and echocardiogram (ECG) results to populate directly into the system, providing increased access for comparing results over time, and monitor differences.

Accelerating our path towards the \$1.7 million goal for new equipment was the incredible community contribution to The Alfred's annual Father's Day Appeal. Volunteers, Alfred staff, the community, media partners, corporate sponsors, the Country Fire Authority, the Metropolitan Fire Brigade, Freemasons Victoria, and people like you all came together to make this year's appeal the biggest yet.

Special thanks to our presenting partner Bulla Family Dairy and our broadcasting partner 3AW.



Transformative Technology - "I have been waiting my whole career for this"

Dr Michelle Ananda-Rajah, a physician in General Medicine and Infectious Diseases, loves the new system and its benefits for patients: "I have been waiting my whole career for this – it's so exciting to have such transformative technology in the hospital.

"The benefits are evident every day, and I know that even more will become apparent over time.

"Patient data is now searchable and accessible in one place but most importantly, at the patient's bedside which gives us more time to interact with them.

"There are so many advantages. For example, the bedside mobile workstation has taken explanation and discussion with patients to another level. Recently, one of my elderly patients was having trouble swallowing, and I needed to explain what a pharyngeal pouch was to her.

"So I used the bedside workstation to look up an image on the big screen, lowered it to her level in the bed and walked her through her scans and pictures from the web. She was over 90 years old with poor sight, but the look of understanding that swept over her face was unmistakable, as was the appreciation.

"This is what it means for a patient – they get it, and this is how it should be.

"This technology has allowed us to take abstract medical concepts and turn them into something understandable. Every consultation becomes a teachable moment, and the experience is enhanced for both patients and clinicians.

"Patients absolutely love it."



66 99

The purchase of new medical equipment through your donations has been integral to the implementation of the new system, with the benefits already being experienced across the hospital.

DR GORDON BINGHAM
CHIEF NURSING INFORMATION OFFICER

Your donations purchased:

40

COMPUTERS ON WHEELS

175

VITAL SIGNS MONITORS

35

ECG MONITORS

Thanks to our Donors

FINANCIAL YEAR 2017 - 2018

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The Alfred Intensive Care Foundation

Australian Food Allergy Foundation

Bunnings Warehouse

Clive & Vera Ramaciotti
Foundation

Collier Charitable Fund

Ian & Maria Cootes

Eva & Les Erdi Humanitarian Charitable Foundation ExxonMobil Australia

The Father's Day Appeal

The Fox Family

Elgin & Leslie Charles Gordon

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The Ian Potter Foundation

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Mrs Pamela Myer Jacobson

Mrs Betty & Mr John Laidlaw AO

The Life Support Committee

The Margaret Pratt Foundation

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Whole Time Medical Specialists

The William Buckland Foundation

Women @ The Alfred

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Professor Andrew Way (Chief Executive, Alfred Health)

Mr Alan Williams

Sir Donald Trescowthick ACKBE (Patron)



66 99

You feel as though you are really giving back and that's what philanthropy is. You're giving back to society.

PHILANTHROPIST MR JOHN LAIDLAW AO

Top Donors

AAMI

The Alfred Café

Dr Robert Ferguson Baird

Bill Tingate Brain Cancer Foundation

Brian M Davis Charitable Foundation

Bulla Family Dairy

Commonwealth Bank Staff Community Fund

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Estate of Gary Kenneth Efron

Estate of David John Grills Estate of John Arnold Hughes The James Foster Foundation Estate of Peter Krafel Estate of Belinda Lim
Estate of Alice G Newman
Estate of Rosemary Richards
Estate of Edwarda Rottell

Estate of Reginald Llewellyn Stanley Estate of Gladys Jean Stott Estate of Henry Hardcastle Watson

Mrs Rozalia Sal

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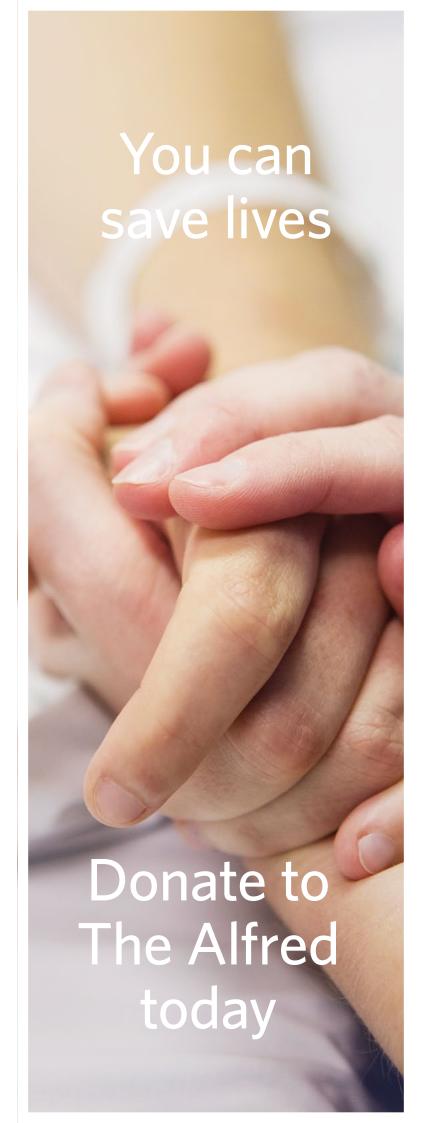
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The Alfred Foundation

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